

## DRESS CODE

At Diversity Dance, our dress code supports focus, safety, and proper technique by allowing teachers to see alignment and give effective corrections. It also helps dancers feel confident, prepared, and ready to learn.

#### Hair

All dancers should have their hair securely pulled back in any style. Ponytail, braids, buns! If your dancer has short hair, please use a headband or barrettes.

#### Fitted Dancewear

Please ensure your dancer's clothing is form-fitting, similar to yoga or athletic wear. This helps teachers see proper alignment and provide corrections to improve technique. Jeans and loose-fitting clothing are not permitted.

#### Flexible Dress Code

Half the fun of dance is choosing a special outfit! We want dancers to feel unique and confident, so we do not require a specific colour or style of attire. If your dancer already owns shoes that don't match our dress code, they're welcome to wear them in class until they outgrow them or until recital. If any part of our dress code feels uncomfortable for your dancer, please let our office know. We're happy to offer alternatives to ensure every dancer feels confident and supported. Our goal is to foster a positive body image and provide a genderinclusive dress code for all.

#### **Dance Stores**

Dance Attire & Shoe Stores: Diversity Office, Bodythings, or City Dancewear.

Fitted Dance Wear: Lululemon, Decathlon, Amazon or Athletic sections of stores such as Walmart, Superstore, Old Navy, Gap etc.

**Amazon:** If purchasing dance shoes on Amazon, we suggest Capezio or Bloch for quality shoes.

#### **Used Shoe Sale**

Stop by during office hours to browse or sell gently worn dance shoes. This is a great way to save money or pass along shoes your dancer has outgrown. All proceeds go directly to the selling family

#### **Session Classes & Summer Camps**

No specific dance attire is required for our short children's session classes, such as Small & Tall, Combo and Summer Camp. Dancers may wear comfortable clothing (leggings and a t-shirt) with bare feet or grip socks.

Please see the last page for important studio reminders. If you have any questions, don't hesitate to reach out, we're happy to help!





403-453-0083 (S)

403-973-7800 (N)







## Tiny Tots 1&2 (ages 3 & 4)

Attire: A bodysuit & skirt combo or dance dress for girls.

T-shirt with shorts or dance pants for boys.

**Tights:** Any colour & style for girls.

Footwear: Patent black tap shoes & pink ballet slippers for

girls. Black tap shoes & black ballet slippers for boys.

\*No gymnastic or house slippers please!\*

Dancers will begin class in their tap shoes. Please put your dancer's ballet shoes in their bag for mid class

shoe change.

Hair: Neatly pulled back.





NO house slippers or dress up shoes!

## Tiny Movers (ages 3 & 4)

**Attire:** A bodysuit & skirt combo or dance dress for girls. T-shirt with shorts or dance pants for boys.

**Tights:** Any colour & style for girls.

**Footwear:** Pink ballet slippers for girls.

Black ballet slippers for boys.
\*No gymnastic slippers please!

Hair: Neatly pulled back.



# DRESS CODE

AGES 5 & 6



## Kinder Kids (age 5) & Primary Combo (age 6)

Attire: A bodysuit & skirt combo or dance dress for girls.

T-shirt with shorts or dance pants for boys.

Tights: Any colour for girls. Acro requires convertible tights.

Footwear:

ACRO - Bare feet.

BALLET & JAZZ - Pink ballet slippers for girls. Black ballet slippers for

boys. \*No gymnastic or house slippers please!\*

TAP - Patent black tap shoes.

Hair: Neatly pulled back.





house slippers or dress up shoes!





### Mini Hip Hop (ages 5 & 6)

Attire: Comfortable clothing. T-shirt, hoodie, sweatpants, etc.

\*Please no jeans!\*

Footwear: Clean indoor runners. \*Please no dirty shoes!\*





## Acro (ages 7+)

Attire: Fitted dancewear.

**Tights**: Not necessary or convertible.

Footwear: Bare feet.





Attire: Any light/pastel coloured bodysuit with optional chiffon skirt for girls (pink, lavender, baby blue, yellow, green, etc). T-shirt with shorts or dance pants for boys.

Tights: Ballet pink for girls.

**Footwear:** Pink leather full sole ballet slippers for girls.

Black leather full sole ballet slippers for boys.

Hair: Bun with hairnet.



(Gr 4+, Foundation, Inter Levels, Technique & Sr Levels)

Attire: Any dark/jewel tone coloured bodysuit with optional chiffon skirt for girls (black, navy, plum, forest green, grey etc). T-shirt with shorts or dance pants for boys.

**Tights**: Ballet pink.

**Footwear:** Pink canvas split sole ballet slippers for airls. Black

canvas split sole ballet slippers for boys.

Optional Footwear: Soft blocks for those on pointe or

preparing for pointe **Hair**: Bun with hairnet.



## Contemporary (ages 10+)

Attire: Fitted dancewear.

**Tights**: Not necessary or convertible.

**Footwear:** Bare feet. Hair: Neatly pulled back.



DRESS CODE

AGES 7+



## DRESS CODE

AGES\_7+

## Hip Hop (ages 7+)

Attire: Comfortable clothing. T-shirt, hoodie, sweatpants, etc.

\*Please no jeans!

Footwear: Clean indoor running shoes. \*Outdoor or wet shoes are not permitted!

Hair: Neatly pulled back.



## Jazz & Musical Theatre (ages 7+)

Attire: Fitted dancewear. **Tights**: Not necessary.

Footwear: Beige or skin-tone slip on jazz shoes for girls. Black slip on jazz shoes for

boys.

Hair: Neatly pulled back.





## Tap (ages 7+)

Attire: Fitted dancewear. **Tights**: Not necessary.

Footwear:

JR & FOUNDATION - Black mary jane tap shoes for girls. \*Please

no shiny patent. Black tap shoes for boys.

INTER & SR - Black Capezio Tele Tone lace up tap

shoes \*Tele Tone tap shoes will be required for all Exams & Competition because they have the best sound quality!

Hair: Neatly pulled back.









## **Label Everything**

Please label all dance shoes, bags, outdoor shoes, and coats with your dancer's name or initials. Mix-ups happen!



## Bring a Water Bottle

Dancers may refill water bottles at the fountains or kitchen sink. All other food and drinks are not permitted inside the dance studios.



#### No Gum Please

Gum is not allowed in the studio as it's a choking hazard and can easily get stuck in hair.



#### We are a Nut-Free Studio!

Many of our dancers and teachers (including Miss Monique) have severe allergies.



#### Lost & Found

Please check our lost and found regularly, as unclaimed items are donated during Christmas, Spring, and Summer Break, Lost dance shoes are kept in the office.



#### **Winter Attire**

Dancers may wear sweaters or extra layers in cold weather. Once the class has warmed up with barre or stretches, they'll be asked to remove outer layers for proper movement and alignment.

403-453-0083 (S)



